

# COVID-19 VACCINE INFORMATION AND SAFETY TIPS



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GOVERNOR'S OFFICE OF  
EMERGENCY SERVICES:

[CalOES.ca.gov](http://CalOES.ca.gov)



CALIFORNIA DEPARTMENT  
OF PUBLIC HEALTH:

[CDPH.ca.gov](http://CDPH.ca.gov)

Getting the vaccine and following public health recommendations is the best way to keep you and your loved ones from getting **COVID-19**. Together, we can end the pandemic.

**There will be new information available about the vaccine as recommendations and supplies change.** Check facts and information about the **COVID-19** vaccine and learn where and when you can get it at **VaccinateALL58.com**.

## VACCINES WORK AND ARE SAFE

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The vaccine will not give you **COVID-19**. **COVID-19** vaccines teach your body how to fight the virus if you are exposed to **COVID-19**.

**COVID-19 vaccines have been fully tested and are confirmed to be safe:**

They were tested with many thousands of people of different ages, races, and ethnicities to make sure they are safe and effective for all adults.



California's **COVID-19** Scientific Safety Review Workgroup confirmed the safety and effectiveness of the vaccines with an independent review with other Western States.



There is a nationwide system that allows the Centers for Disease Control and Prevention (CDC), the national public health agency, to watch for safety issues and make sure the vaccines stay safe.



It takes up to two weeks for the body to build immunity (protection against the virus that causes **COVID-19**) after vaccination.



## YOU NEED TO KNOW

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There are different types of **COVID-19** vaccines:

- ✓ All types are safe and provide effective protection.
- ✓ Some vaccines are given in 1 shot and some are given in 2 shots.
- ✓ The type of vaccine you get is named for the company who made it, such as Pfizer-BioNTech or Moderna.
- ✓ As different types of vaccines become available, you can check **VaccinateALL58.com** for more information.



# GETTING THE VACCINE

Getting the **COVID-19** vaccine is free. You don't need insurance to get the vaccine.

You can get the vaccine for free no matter what your immigration or citizenship status is (and vaccinations do not count under the public charge rule). You should not be asked about your immigration or citizenship status when you get a **COVID-19** vaccine. The federal government confirmed they won't do immigration operations at or near vaccine sites or clinics.



## Most people will be vaccinated at:



Doctor's offices, local clinics, and pharmacies



Community vaccination sites

Other sites may become available. Check **VaccinateALL58.com**, register at **MyTurn.ca.gov** or call **1-833-422-4255**.



The state or federal government will not make you get the **COVID-19** vaccine. But getting the vaccine can keep you from getting **COVID-19**. **Vaccines are one of the most important tools to end this pandemic and save the lives of your family, friends, and neighbors.**

## When You Get Your Shot

You will get a **COVID-19** Vaccination Record Card. **Keep this card in a safe place and remember:**



This card has the information about which type of **COVID-19** vaccine you received, the date you received it, and where you received it.



If you get a vaccine that requires 2 shots, this card will tell you when to return for your second shot in 3 or 4 weeks. (You need to get both shots for the vaccine to give you full protection.) Bring your card when you return for your second shot.



Keep your card with your other important documents. Take a photo of the front and back so you have a digital copy.



Everyone who gets a vaccine will get this card.

# FREQUENTLY ASKED QUESTIONS

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## When and where can I get the vaccine?

Visit **VaccinateALL58.com** for the newest information about when and where the vaccine will be available to you. You can also sign up at **MyTurn.ca.gov** or call **1-833-422-4255** to find out when it's your turn to get vaccinated and schedule vaccination appointments. If someone offers to sell you a chance to get vaccinated before it is your turn, it's a scam.



## Will a COVID-19 vaccine keep me from getting sick with COVID-19?

Studies show that **COVID-19 vaccines are very effective** at keeping you from getting **COVID-19**. Experts also think that getting a **COVID-19** vaccine may help keep you from getting seriously ill even if you do get **COVID-19**.



## Can I spread COVID-19 after being vaccinated?

Experts are still studying to see if vaccines prevent spread of **COVID-19**. This is why you should continue to wear a mask and social distance even after getting the vaccine.



## What happens if I am exposed to COVID-19 after receiving the first shot, but before getting the second shot?

You are not fully protected after the first shot and could still get the disease. This is why it is important to continue to wear a mask, stay 6 feet apart from others, and follow all public health recommendations.



## If I had COVID-19, should I get vaccinated?

Yes. Because there are serious health risks associated with **COVID-19** and the fact that it is possible to get re-infected with **COVID-19**, you should get vaccinated.



# FREQUENTLY ASKED QUESTIONS

## Does the vaccine have side effects?

Some people may have a mild fever, sore muscles, or feel tired for a day or two. These reactions mean the vaccine is working to help teach your body how to fight **COVID-19**. It is rare but possible to have a serious reaction. If you have questions about how you are feeling after your shot, call your doctor, nurse or clinic.



## Do I still have to wear a mask after I get the vaccine?

Yes. Because it may still be possible to spread **COVID-19** even after being vaccinated, the California Department of Public Health and the CDC both recommend that you keep wearing a mask and take other precautions to prevent the spread of **COVID-19**, including frequent handwashing and social distancing.



## I'm pregnant, can I get the vaccine?

Yes. People who are pregnant can be vaccinated. If you have questions about getting vaccinated while pregnant, talking with your doctor or healthcare provider can help you make an informed decision.



## I'm concerned about the vaccine. Is the vaccine right for me?

Getting good information from trusted sources like **VaccinateALL58.com** can help you answer that question. Talk to your doctor about any questions or concerns you may have related to your health and the vaccine.



**What can I do now to help protect myself from getting COVID-19 until I am able to get the vaccine?**



**Stay home, except to get medical care or buy things you need.**



**If you have to go out, stay 6 feet away from other people.**



**When you must go out, wear a mask over your nose and mouth.**



**Wash hands often with soap and water for 20 seconds.**

# AFTER YOU GET THE VACCINE

Vaccine experts are studying if people who are vaccinated may still be able to spread **COVID-19**.

**While experts learn more, it is important for everyone to continue to follow recommendations to:**



Stay home and avoid crowds as much as possible.



Wear a mask over your nose and mouth and stay at least 6 feet away from others.



Wash hands often with soap and water for 20 seconds or use hand sanitizer when you can't wash your hands.



Avoid spaces with poor ventilation (air flow). In vehicles, keep windows open, sit far apart and wear a mask anytime that you ride with others.



Not shake hands or have any unnecessary physical contact.



There will be new recommendations as more people get vaccinated. Check for updates and changes from trusted sources of information.

## GET MORE INFORMATION FROM TRUSTED SOURCES



### CALIFORNIA DEPARTMENT OF PUBLIC HEALTH

[CDPH.ca.gov](https://www.cdph.ca.gov)  
[VaccinateALL58.com](https://www.vaccinateall58.com)  
[MyTurn.ca.gov](https://www.myturn.ca.gov)



### TOLL-FREE COVID-19 HOTLINE

**1-833-422-4255** is open weekdays 8 a.m. to 8 p.m., and weekends from 8 a.m. to 5 p.m. Operators speak English and Spanish and can provide a translator for another 254 languages.



### LOCAL PUBLIC HEALTH DEPARTMENT

Your local public health department website can provide **COVID-19** testing or vaccination sites near you: [covid19.ca.gov/get-local-information/](https://covid19.ca.gov/get-local-information/)  
**#County-websites**