

Community Referral Resource List

For the City of Alturas, CA

GENERAL HOTLINES

Poison Control -800-222-1222 www.calpoison.org

MEDICAL RESOURCES			
Health Care Coverage			
Agency	Address	Phone Number	Additional Information
Modoc Medical Center	1111 N Nagle St Alturas, CA 96101	(530) 708-8800	-Family Pact
Social Services	120 N Main St Alturas, CA 96101	(530) 233-6501	- Medi-Cal eligibility
MEDICAL PROVIDERS			
Agency	Address	Phone Number	Additional Information
Modoc Medical Center	1111 N Nagle St Alturas, CA 96101	(530) 708-8800	<ul style="list-style-type: none"> - Health maintenance - Immunizations - Preventative medicine - Well child / adult exams - Sports/school/DMV/DOT physicals - Women's health/family planning - Podiatry - Physical therapy - General surgery - Telehealth: mental/emotional, cardiology, dermatology - Laboratory, radiology, infusion
Pit River Health Services XL Clinic	150 BIA Route 76A Alturas, CA 96101	(530) 233-3223	<ul style="list-style-type: none"> - One part time Nurse Practitioner and one medical assistant - Accepts Medi-Cal and most private insurances
Alturas Health Clinic	535 S Main St Alturas, CA 96101	(530) 233-2288	<ul style="list-style-type: none"> - Family Medicine - Walk-in Clinic

LOW COST DENTAL PROVIDERS		
Agency	Address	Phone Number
Alturas Dental Care Dr. Amin Zahirfar	222 W McDowell Ave Alturas, CA 96101	(530) 233-4240
Pit River Health Services XL Clinic	150 BIA Route 76A Alturas, CA 96101	(530) 233-3223
		- Dental services available part-time - Restorative and preventative services - Accepts Medi-Cal and most private insurances

LOW COST VISION PROVIDERS		
Agency	Address	Phone Number

PRENATAL/FAMILY PLANNING		
Agency	Address	Phone Number
Modoc Medical Center	1111 N Nagle St Alturas, CA 96101	(530) 708-8800
Modoc County Public Health	441 N Main St Alturas, CA 96101	(530) 233-6311
		- Prenatal care up to 28 weeks - Healthy Pregnancy Information - Folic Acid Prescriptions - On-site lactation consultants
WOMEN'S SERVICES		
Agency	Address	Phone Number
Modoc County Public Health	441 N Main St Alturas, CA 96101	(530) 233-6311
Modoc Medical	111 N Nagle St Alturas, CA 96101	(530) 708-8800
		- STD Screening & Prevention - Pregnancy Testing - Healthy Pregnancy Information - Pregnancy Prevention Information - Pregnancy Termination Information - Family Pact Information - Family Pact

Center	Alturas, CA 96101	(530) 233-2288	- Physical exams for women including gynecology - Part time Nurse Practitioner
Alturas Health Clinic	535 S Main St Alturas, CA 96101	(530) 233-2288	
Pit River Health Services XL Clinic	150 BIA Route 76A Alturas, CA 96101	(530) 233-3223	
PEDIATRIC SERVICES			
Agency	Address	Phone Number	Additional Information
Modoc Medical Center	1111 N Nagle St Alturas, CA 96101	(530) 708-8800	- CHDP exams - VFC vaccines
Pit River Health Services XL Clinic	150 BIA Route 76A Alturas, CA 96101	(530) 233-3223	- CHDP exams - VFC vaccines
VETERAN'S SERVICES			
Agency	Address	Phone Number	Additional Information
Modoc County Veterans Services	202 W 4 th St, Suite F Alturas, CA 96101	(530) 233-6209	- Claims assistance - Client advocacy - Case maintenance - Information and referral - Program liaison with: VA health services, VA Veterans centers, VA regional offices, Veterans service organizations, Cal-Vet home loan assistance
Sexual Health/HIV/STIs/LGBTQ			
Agency	Address	Phone Number	Additional Information
Modoc County Public Health	441 N Main St Alturas, CA 96101	(530) 233-6311	- HIV testing and Hepatitis C testing - STD screening/prevention - Birth control education - Pregnancy testing
Modoc Medical Center	1111 N Nagle St Alturas, CA 96101	(530) 708-8800	
Alturas Health Clinic	535 S Main St Alturas, CA 96101	(530) 233-2288	
Pit River Health Services XL Clinic	150 BIA Route 76A Alturas, CA 96101	(530) 233-3223	

Immunizations/Travel Immunizations

Agency	Address	Phone Number	Additional Information
Modoc County Public Health	441 N Main St Alturas, CA 96101	(530) 233-6311	-VFC - Uninsured (VFA)
Modoc Medical Center	1111 N Nagle St Alturas, CA 96101	(530) 708-8800	- VFC - Private Insurance
Rite Aid	432 N Main St Alturas, CA 96101	(530) 233-3113	
Last Frontier Pharmacy	1111 N Nagle St Alturas, CA 96101	(530) 708-8850	
Pit River Health Services XL Clinic	150 BIA Route 76A Alturas, CA 96101	(530) 233-3223	- VFC - Private Insurance

EMOTIONAL/MENTAL HEALTH RESOURCES

MENTAL HEALTH RESOURCES

Agency	Address	Phone Number	Additional Information
Modoc County Behavioral Health	441 N Main St Alturas, CA 96101	(530) 233-6312 24-Hour Crisis Line: (800) 699-4880 or (530) 233-6312	- 24-Hour Crisis Line - Adult outpatient counseling and medication support - Youth Services: Prevention; Outpatient counseling and medication support; Foster care treatment team services; Dual diagnosis counseling; Therapeutic behavioral services; School-based counseling; Culturally specific outreach and treatment
T.E.A.C.H. (Training, Employment and Community Help) Inc.	112 E 2 nd St Alturas, CA 96101	(530) 233-3111	- Mental health counseling for victims of domestic violence
Sunrays of Hope	113 E North St Alturas, CA 96101	(530) 233-7222	- Peer support groups - Wellness Recovery Action Plan - Arts and Crafts, Yoga, Knitting
Strong Family Health Center	1203 Oak St Alturas, CA 96101	(530) 233-4591	- Substance abuse counseling
Modoc Medical Center	1111 N Nagle St Alturas, CA 96101	(530) 708-8800	
Pit River Health Services XL Clinic	150 BIA Route 76A Alturas, CA 96101	(530) 233-3223	- Counseling - Anger Management

Crisis Hotline: 1-800-991-5272

[Suicide Prevention Hotline: 1-800-273-8255](tel:1-800-273-8255)

[Substance Use Division Access Line: 1-866-266-4898](tel:1-866-266-4898)

SUBSTANCE/ALCOHOL USE

Agency	Address	Phone Number	Additional Information
Modoc County Behavioral Health	441 N Main St Alturas, CA 96101	(530) 233-6312	- Collaboration with Beacon Health Options (24-hour counselor availability for substance/alcohol use) - Substance abuse counseling
Pit River Health Services XL Clinic	150 BIA Route 76A Alturas, CA 96101	(530) 233-3223	
Alcoholics Anonymous	Northern Nevada Intergroup of Alcoholics Anonymous 436 South Rock Blvd Sparks, NV 89431	(775) 355-1151	
Narcotics Anonymous			
Hudson Solutions	204 W 12 th St, Suite #4 Alturas, CA 96101	(530) 233-9619	- DUI Programs - Drug Testing - Counseling
Modoc AAIR	204 W 12 th St, Suite #4 Alturas, CA 96101	(530) 233-9619	- Addiction Recovery

SMOKING CESSATION

Agency	Address	Phone Number	Additional Information
Modoc Medical Center	1111 N Nagle St Alturas, CA 96101	(530) 708-8800	
Alturas Health Clinic	535 S Main St Alturas, CA 96101	(530) 233-2288	
Pit River Health Services	150 BIA Route 76A Alturas, CA 96101	(530) 233-3223	- Substance abuse counseling
Strong Family Health Center	1203 Oak St Alturas, CA 96101	(530) 233-4591	- Alcohol and Drug Program

[California Smokers Helpline \(Free Telephone Counseling Services\)](#)

English: 1-800-NO-BUTTS Spanish: 1-800-456-6386

Chinese: 1-800-400-0866 Korean: 1-800-556-5564

Hearing Impaired: 1-800-933-4TDD Chewer's Helpline: 1-800-844-2439

National Helpline: www.smokefree.gov

English: 1-800-QUIT-NOW Spanish: 1-855-DEJELO-YA

Chinese: 1-800-838-8917 Korean: 1-800-556-5564

Vietnamese: 1-800-778-8440

VIOLENCE

Agency	Address	Phone Number	Additional Information
T.E.A.C.H. (Training, Employment and Community Help) Inc.	112 E 2 nd St Alturas, CA 96101	(530) 233-3111 24-Hour Crisis Line: (855) 855-6745	- 24-hour crisis line - Violence / domestic abuse advocates - Temporary housing services - Teen dating violence prevention and victim advocacy
Modoc County Behavioral Health	441 N Main St Alturas, CA 96101	(530) 233-6311 24-Hour Crisis Line: (800) 699-4880 or (530) 233-6312	- 24-hour crisis line - Counseling
Modoc County Sheriff's Department	102 S Court St Alturas, CA 96101	(530) 233-4416	
Alturas Police Department	200 W North St Alturas, CA 96101	(530) 233-2011	
Modoc County Victim Services	204 S Court St #108 Alturas, CA 96101	(530) 233-3311	Victim Services specializes in helping victims of crime obtain information, find resources, assist with paperwork, and provide emotional support.

ABUSE – CHILDREN/WOMEN/ELDERS

Agency	Address	Phone Number	Additional Information
Social Services	120 N Main St Alturas, CA 96101	(530) 233-6501	- Child Abuse Prevention Committee - Child Protective Services - Adult Protective Services
T.E.A.C.H. (Training, Employment and Community Help) Inc.	112 E 2 nd St Alturas, CA 96101	(530) 233-3111	- 24-hour crisis line - Violence / domestic abuse advocates - Temporary housing services - Teen dating violence prevention and victim advocacy
Alturas Police Department	200 W North St Alturas, CA 96101	(530) 233-2011	
Modoc County Sheriff's Department	102 S Court St Alturas, CA 96101	(530) 233-4416	

HOUSING/ENVIRONMENT RESOURCES			
HOMELINESS & SHELTERS			
Agency	Address	Phone Number	Additional Information
T.E.A.C.H. (Training, Employment and Community Help) Inc.	112 E 2 nd St Alturas, CA 96101	(530) 233-3111	- Low-income housing
Social Services	120 N Main St Alturas, CA 96101	(530) 233-6501	- Project Roomkey
HOUSING			
Agency	Address	Phone Number	Additional Information
T.E.A.C.H. (Training, Employment and Community Help) Inc.	112 E 2 nd St Alturas, CA 96101	(530) 233-3111	- Low-income housing
Social Services	120 N Main St Alturas, CA 96101	(530) 233-6501	
Alturas Gardens Apartments	310 E McDowell Ave Alturas, CA 96101	(530) 233-3918	Income-based rent
Meadows Apartments	506 E 12 th St Alturas, CA 96101	(530) 233-5511	Income-based rent
Modoc West Apartments	310 W 2 nd St Alturas, CA 96101	(530) 233-5511	Income-based rent
El Rancho Apartments	400-401 E 12 th St Alturas, CA 96101	(530) 233-5511	
ENVIRONMENT – VECTOR CONTROL/EMERGENCY PREPAREDNESS			
Agency	Address	Phone Number	Additional Information
Environmental Health	202 W 4 th St Alturas, CA 96101	(530) 233-6310	
Modoc County Sheriff's Department	102 S Court St Alturas, CA 96101	(530) 233-4416	
VETERINARY PUBLIC HEALTH/RABIES CONTROL			
Agency	Address	Phone Number	Additional Information
Modoc Veterinary Center	501 Hwy 395 N. Alturas, CA 96101	(530) 233-4156	
Environmental Health	202 W 4 th St Alturas, CA 96101	(530) 233-6310	

PHYSICAL RESOURCES

FOOD RESOURCES – FOOD BANKS & KITCHENS

Agency	Address	Phone Number	Additional Information
T.E.A.C.H. Inc.	112 E 2 nd St Alturas, CA 96101	(530) 233-3111	- Monthly commodities distribution - Emergency food bank
Senior Center	906 W 4 th St Alturas, CA 96101	(530) 233-4438	- Lunch - Information and Assistance - Homemaker and Assisted Transportation - Exercise Classes - HICAP - AARP 55 Alive - Legal Aid - Blood Pressure - Social Security - Meals on Wheels
WIC	106 E Modoc St Alturas, CA 96101	(530) 233-5800	- Low to moderate income pregnant women, recently delivered women, breastfeeding women, infants, and children up to age 5 who are at nutrition risk - Fathers can also bring their children to apply for WIC - You may apply for WIC if you are working or unemployed - 9:30AM to 3:30PM on the 1 st , 3 rd and 4 th Thursday of each month
Social Services			- Cal Fresh

TRANSPORTATION

Agency	Address	Phone Number	Additional Information
Sage Stage	108 S Main St Alturas, CA 96101	(530) 233-6410	- Transportation to and from Klamath Falls, Redding, Reno and towns en route to these Alturas - Local transportation within a 10-mile radius of Alturas - Discounted fares for children (0-12), seniors (60+) and disabled persons

FINANCIAL RESOURCES

Agency	Address	Phone Number	Additional Information
T.E.A.C.H. Inc.	112 E 2 nd St Alturas, CA 96101	(530) 233-3111	- Low Income Home Energy Assistance Program - Housing and Disability Advocacy Program (application for SSI/SSD benefits)

Social Services	120 N Main St Alturas, CA 96101	(530) 233-6501	- Public Guardian - Cash Aid
-----------------	------------------------------------	----------------	---------------------------------

SOCIALIZATION & RECREATION RESOURCES

SENIOR SERVICES			
Agency	Address	Phone Number	Additional Information
Senior Center T.E.A.C.H. Inc.	906 W 4 th St Alturas, CA 96101 M-F 8:30AM – 2:30PM	(530) 233-4438	<ul style="list-style-type: none"> - Lunch - Information and Assistance - Homemaker and Assisted Transportation - Exercise Classes - HICAP - AARP 55 Alive - Legal Aid - Blood Pressure - Social Security - Meals on Wheels

FAMILY RESOURCES			
Agency	Address	Phone Number	Additional Information
Modoc County Public Health	441 N Main St Alturas, CA 96101	(530) 233-6311	<ul style="list-style-type: none"> - Home Visiting - Life Skills (Schools)
T.E.A.C.H. Inc.	112 E 2 nd St Alturas, CA 96101	(530) 233-3111	<ul style="list-style-type: none"> - Parenting Classes - Life Skills Program - Child Care Resources - Rainbow Program: For children ages birth to 3 years who may need evaluation for developmental delay or have been diagnosed with developmental delay - Low Income Home Energy Assistance Program - CASA (Court Appointed Special Advocates): Volunteers appointed to advocate for the safety and well-being of children who have been removed from their homes due to parental abuse and neglect - Modoc Foster Family Agency - Alternative Payment Program: Subsidized childcare support for

			income-qualified families who are working, attending school, or actively seeking employment.
Faith Baptist Church	810 W Carlos St Alturas, CA 96101	(530) 233-2015	- Counseling - Youth Group - AWANA
Sacred Heart Catholic Church	507 E 4 th St Alturas, CA 96101	(530) 233-2119	- Pre-marital counseling - Food pantry - Soup kitchen
Church of Jesus Christ of Latter-Day Saints	104 E 13 th St Alturas, CA 96101	(530) 233-2782	
First Five	802 N East St Alturas, CA 96101	(530) 233-7122	- Assistance with access to home visiting - Early mental health therapy - Family strengthening supports
Early Head Start	901 N East A St Alturas, CA 96101	(530) 233-7134	- Assistance with access to local services (Health care, WIC, childcare, etc.) - Play groups - Early Intervention - Prenatal Program - Classes on nutrition, breastfeeding, etc.
Latchkey	809 W 8 th St Alturas, CA 96101	(530) 233-7201	School age childcare

EDUCATIONAL/VOCATION RESOURCES		
LIBRARY/ADULT LITERACY		
Agency	Address	Phone Number
Modoc County Library	212 W 3 rd St Alturas, CA 96101 M/T/Th/F 10AM-5PM	(530) 233-6340
		Additional Information

Agency	Address	Phone Number	Additional Information
Alliance for Workforce Development	701 N Main St #1 Alturas, CA 96101	(530) 233-4161	- Job search - Resume help
Social Services	120 N Main St Alturas, CA 96101	(530) 233-6501	- Cal Works - Internships

EDUCATION (PRESCHOOL, CHLD, ADULT, COLLEGE)			
Agency	Address	Phone Number	Additional Information
T.E.A.C.H. Inc.	112 E 2 nd St Alturas, CA 96101	(530) 233-3111	- Adult classes - GED testing and tutoring, certificate programs - IHSS training - Child Care Provider licensing assistance
Alturas Elementary School	809 W 8 th St Alturas, CA 96101	(530) 233-7201 ext. 201	Grades K-5
Modoc Middle School	906 W 4 th St Alturas, CA 96101	(530) 233-7201 ext. 301	Grades 6-8
Modoc High School	900 N Main St Alturas, CA 96101	(530) 233-7201 ext. 401	Grades 9-12
Warner High School (Continuation School)	802 N East St Alturas, CA 96101	(530) 233-7201 ext. 442	Grades 9-12
High Desert Community Day School	802 N East St Alturas, CA 96101	(530) 233-7201 ext. 404	Grades 6-10
Alturas Head Start	802 N East St Alturas, CA 96101	(530) 233-4134	
Alturas State Preschool	1 st and East St Alturas, CA 96101	(530) 233-2507	
Alturas Elementary State Preschool	809 8 th St Alturas, CA 96101	(530) 233-1705	
T.E.A.C.H. Inc. Budding Tree	311 W 1 st St Alturas, CA 96101	(530) 233-4933	

LEGAL RESOURCES

LEGAL AID

Agency	Address	Phone Number	Additional Information
Wendy Dier	217 S Main St Alturas, CA 96101	(530) 233-2008	Free Legal Aid
Stephen King	216 S Main St Alturas, CA 96101	(530) 233-4444	Public Defender
Tom Gifford	113 W North St Alturas, CA 96101	(530) 233-3100	Public Defender
Richard Cotta		(530) 233-3040	Public Defender
T.E.A.C.H. Inc.	112 E 2 nd St Alturas, CA 96101	(530) 233-3111	
Victim Services	204 S Court St Ste 108 Alturas, CA 96101	(530) 233-3311	

TENANT ASSISTANCE

Agency	Address	Phone Number	Additional Information
Alturas Garden Apartments	310 E McDowell Ave Alturas, CA 96101	(530) 233-3918	Income-based rent Subsidized housing
Alturas Meadows Apartments	506 E 12 th St Alturas, CA 96101	(530) 233-5511	Income-based rent Subsidized housing
Modoc West Apartments	310 W 2 nd St Alturas, CA 96101	(530) 233-5511	Income-based rent Subsidized housing
El Rancho Apartments	400-401 E 12 th St Alturas, CA 96101	(530) 233-5511	Low-income housing
T.E.A.C.H. Inc.	112 E 2 nd St Alturas, CA 96101	(530) 233-3111	Low-income housing

VITAL STATISTICS

Agency	Address	Phone Number	Additional Information
Modoc County Recorder Office	204 Court St Alturas, CA 96101	(530) 233-6205	Birth, death, marriage and divorce records

