

Jefferson City Housing Authority Senior Newsletter



May Newsletter 2021



River Region Library Schedule

Hyder May 18, 2 pm.
Ken Locke May 25, 2 pm.
Herron - May 20, 2 pm.

The library sets up items for check out in each of these community rooms. If you do not have a card, no problem, just bring proof of address and you will be able to check out items that day.

Please honor all social distancing measures when checking out books.



Senior Food Box Program sponsored by Catholic Charities.

This month's delivery schedule is:

Hyder May 21, from 10-2
Herron May 13, from 12-1:00
Ken Locke is May 11, from 10-11:30
LaSalette is May 11, from 12-1

Meet Catholic Charities at the main door of your building during their scheduled time. Wear a mask when you come to pick up your box. *If you are unable to pick up the day and time of delivery, you can have someone pick it up for you.*

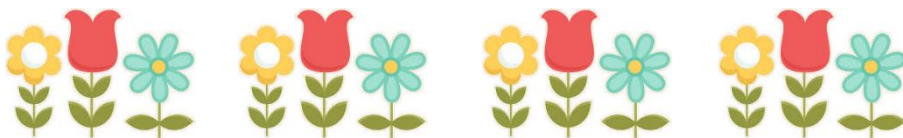
You must make arrangements with Dorothy before delivery!

If you would like to sign up, please contact Dorothy at 573-634-1088.



Michelle Wessler is the new Executive Director of the Housing Authority.

Michelle has worked for the Housing Authority for 18 years, most recently as the Chief Housing Officer. Michelle is replacing Cynthia Quetch who is retiring effective May 31, 2021. Please join us in welcoming Michelle and wishing Cynthia, the best in retirement. Congratulations ladies.



Missouri 24 Hour Hotline: 877-435-8411

The Missouri Department of Health and Senior Services (DHSS) activated a statewide public hotline for citizens or providers needing guidance regarding COVID-19. The hotline is being operated by medical professionals and is available 24 hours a day, 7 days a week.

Activities for May

Movie - "Run Away Bride" will be shown in the Herron community room at 2 pm on May 11.

Trivia Games - May 24 in Hyder community room at 2:00 pm

May 28th in the Ken Locke community room at 2 pm. Bring a wrapped gift.

Fun Bingo - **May 7** in Hyder community room at 2:00; **May 14** in the Herron community room at 2:00; and **May 21** in the Ken Locke community room at 2:00. Bring a wrapped gift.

All games/activities limit of 15 people all must wear a mask. Call Dorothy 634-1088 to reserve your spot.



No community rooms will be available for private parties through June 1, 2021.

The JCHA bus will not be running in May.




Clarke Senior Center is continuing to provide carryout meals only. See the menu on the back page. Starting May 1, the room is open for games but not eat in meals.

We are now requiring everyone to wear masks within the building.

Please let all your visitors and health aids know that when **anyone** is outside your unit, they need to be wearing a mask. This includes halls, elevators and community rooms.



Thank you for your compliance in working to keep our buildings safe for you and your neighbors. Thank you for continuing to do your part by wearing masks, washing your hands, social distancing and getting the vaccine. This limits possible exposure to others. By reporting if you become sick, we are able to order extra cleaning in areas of the building you may have been in the last few days. *We are still asking residents to wear a mask in common areas even if you have had both shots.* Thank you for doing your part! 

Medical Marijuana

Just a reminder. Your lease states that you can lose your housing for engaging in drug related criminal activity. Medical marijuana is illegal under federal drug laws. Having a state issued patient card does not make possession of, or the use of, marijuana legal in your unit.



We are aware people are still choosing to smoke within their units. This is a lease violation and you will lose your housing. You are welcome to smoke in designated smoking areas only. By choosing to break these rules you increase the risk of fire/smoke damaging your unit or the whole building.

May 2021				
3 Meatloaf Mashed Potatoes Corn Bread/Margarine Fruit Milk	4 Pork Tenderloin Sandwich Hashbrown Casserole Country Blend Veggies Pudding Milk	5 Stir Fry Chicken Fried Rice Oriental Vegetables Egg Roll Bread/Margarine Cookie Milk	6 Goulash Salad Italian Blend Garlic Bread Cake Milk	7 Fish Sandwich Lettuce/Pickle Potato Salad Margarine Assorted Dessert Milk
10 Mother's Day Creamy Lemon Parm Chicken Roasted Rosemary Potatoes Fruit Salad Cheese Garlic Biscuits/ Margarine Cupcakes Milk	11 Oven Fried Pork Chops Sweet Potatoes Green Beans Biscuit/Margarine Applesauce Milk	12 Chicken Fettucini Alfredo Salad Broccoli Garlic Breadstick Cheesecake Milk	13 Taco Salad Lettuce/Tomato/Onion Refried Beans Tortilla Chips Bread/Margarine Cookies Milk	14 Brunch 2 Sausage, Egg and Cheese Skillet Grilled Peppers and Onions Cubed Potatoes Biscuits and Gravy Margarine Fruit Crisp Milk
17 Tamale Pie Pinto Beans Meadow Blend Bread/Margarine Fruit Milk	18 Ham & Cheese Sandwich Vegetable Soup Baked Potato Margarine/Sour Cream Pudding Milk	19 Oven Fried Chiken Gravy Mashed Potatoes Corn on the Cob Roll/Margarine Baked Apples Milk	20 Bean with Ham Spinach Fried Potatoes & Onions Cornbread/Margarine Cake Milk	21 Memorial Day Burgers/Hot Dogs Buns Potato Salad Baked Beans Apple Pie Milk
24 Fiestada Pizza Salad Mixed Vegetables Bread/Margarine Fruit Milk	25 Pot Roast Roasted Potatoes Carrots Roll/Margarine Pie Milk	26 Chicken & Noodles Mashed Potatoes Peas & Carrots Bread/Margarine Brownies Milk	27 Beef Stroganoff California Blend Peaches Bread/Margarine Cake Milk	28 Battered Whiting Fish Stewed Tomatoes Fried Cabbage Bread/Margarine Assorted Dessert Milk
31 Country Fried Steak Gravy Mashed Potatoes Zucchini & Tomatoes Roll/Margarine Fruit Milk  Memorial Day				