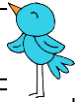


Jefferson City Housing Authority Senior Newsletter



December Newsletter 2021



River Region Library Schedule

Hyder - December 21, 2 pm.

Ken Locke - December 20, 2 pm.

Herron - December 16, 2 pm.

The library sets up items for check out in each of these community rooms. If you do not have a card, no problem, just bring proof of address and you will be able to check out items that day.

Please honor all social distancing measures when checking out books.



Senior Food Box Program sponsored by Catholic Charities.

This month's delivery schedule is:

Hyder December 17, from 10-11:30

Herron December 9, from 12-1:00

Ken Locke is December 7, from 10-11:30

LaSalette is December 7, from 11:30-12:30



Meet Catholic Charities at the main door of your building during their scheduled time. Wear a mask when you come to pick up your box. *If you are unable to pick up the day and time of delivery, you can have someone pick it up for you.*

You must make arrangements with Dorothy before delivery!

If you would like to sign up, please contact Dorothy at 573-301-0069.

Activities

- Movie -** December 14th. "Prancer" will be shown in the Herron community room at 2 pm. You may bring your own snacks and a non-alcoholic beverage. Please RSVP.
- Craft -** December 2nd, we will be making snowman socks. Bring a white sock and rice if you have it. Also, bring \$2 for supplies. Meet in the Clarke dining room at 1 pm.
- Game Days -** Every Monday and Friday in the Hyder Community Room. Cards and Dominos at 1:30-4. You are welcome to bring your own games also.
- Field Trips-** December 5, Main Street Music Hall Christmas Show at the Lake. Lunch (Culvers) is on your own and the cost for the trip is \$35. Leave at 12:45 pm, show starts at 3 pm. Space is limited.
- December 17, eat at Steve's Restaurant then travel to Laurie MO for a drive through of the Enchanted Village of Lights. Lunch is on your own and the cost for the trip is \$10. Leave 4 pm. Space is limited

All games/activities are limited to 15 people and you must wear a mask. All field trips are limited to 11 and you must pay when you reserve your spot. No refunds, but you may find someone else to take your spot, if you are unable to attend. You must let Dorothy know.

Temperatures will be taken at pickup.

Call Dorothy 573-301-0069 to reserve your spot.

Bus Schedule

- Wednesday mornings, leave at 8:45 am for West Wal-Mart, return at 11 am. Afternoon trip at 1 pm to Wal Mart on the west end. Bill will stop at Wal-Mart first and then to Wildwood Crossings for Dollar Tree. The bus will stay there for 1 hour. Bill will tell you what time to get back on the bus. Then the bus will go back to Wal Mart to pick up the others previously dropped off.
- Thursday mornings leave at 8:45 am for East Wal-Mart, return at 11 am. Afternoon trip 1 pm. to Wal Mart first on the east end and then go to Gerbes East or Dollar General for 1 hour. Bill will tell you what time to get back on the bus. Then will go back to Wal Mart to pick up the others previously dropped off.

Rules for the bus: Limit 11 per trip, Must RSVP. One per seat, alternating window seat, aisle seat. **You must wear a mask at all times.** Temperatures will be taken at the time of pickup.

You must carry your own bags on and off the bus. You may put them in the seat beside you. **When getting on and off the bus, everyone must social distance. NO exceptions.**

If everything continues to be good then we may start doing field trips again. **If you have a cold or cough please stay home.**

Must RSVP to Dorothy by calling 573-301-0069.

Christmas dinners will be catered this year, and be provided by JCHA. Place settings will be available, just bring a beverage of your choice. The menu includes fried chicken, mashed potatoes, gravy, corn, slaw, rolls, and fruit cobbler. We will need volunteers to help serve the food, and clean up. If you are interested in helping, please call Dorothy at 573-301-0069.

Herron - December 14th at 5 pm, Hyder -December 16th at 5 pm. LaSalette- December 14 at 5:30, Ken Locke- December 16 at 5:30pm. Limit 15 in the community room, once the room is full you are welcome to take your meal back to your room.

BINGO is back in the Clarke Dining Room on Wednesdays. Paper sales will start at 1 pm and game play starts at 2 pm. You must wear a mask, but it can be removed once you are seated at your table. We are still encouraging everyone to social distance. This is a state licensed bingo for cash prizes.

NO BINGO on December 22 because of Christmas.

Medical Marijuana

Just a reminder. Your lease states that you can lose your housing for engaging in drug related criminal activity. Medical marijuana is illegal under federal drug laws. Having a state issued patient card does not make possession of, or the use of, marijuana legal in your unit.



We are aware people are still choosing to smoke within their units. This is a lease violation and you will lose your housing. You are welcome to smoke in designated smoking areas only. By choosing to break these rules you increase the risk of fire/smoke damaging your unit or the whole building.

Thank you for your compliance in working to keep our buildings safe for you and your neighbors. Thank you for continuing to do your part by wearing masks, washing your hands, social distancing and getting the vaccine. This limits possible exposure to others. By reporting if you become sick, we are able to order extra cleaning in areas of the building you may have been in the last few days. *We are still asking residents to wear a mask in common areas even if you have had both shots* Thank you for doing your part! ❤️



Monthly Menu

December 2021

		1 Hamburger Steak with Grilled Mushrooms & Onion Garlic Mashed Potatoes Mixed vegetables Bread Margarine Pie Milk	2 Fish Sandwich/Bun Lettuce Tomato/Pickle Baked Beans Cookies Milk	3 Chicken Pot Pie Salad Beets Bread Margarine Assorted Dessert
6 Ham AuGratin Potatoes Green Beans Dinner Roll Margarine Fruit Crisp Milk	7 Beef Liver or Salisbury Steak Mashed Potatoes Stewed Tomatoes Bread Margarine Cake Milk	8 Chicken & Noodles or Dumplings Carrots Fruit Pie Milk	9 Lemon Butter Baked Fish Salad Steamed Veggies Rice Pilaf Applesauce Squares Milk	10 Sloppy Joes/Bun Steak Fries Grilled Brussel Sprouts Assorted Dessert Milk
13 Oven Fried Chicken Gravy Mashed Potatoes Green Beans Dinner Roll Margarine Fruit Cobbler Milk	14 (Christmas) Pork Roast/Gravy or Baked Ham Mashed Potatoes Corn Casserole Hot Roll Margarine Spiced Apple Pie Milk	15 Pork Chop Sweet Potatoes Peas Bread Margarine Baked Apples Milk	16 Chicken Alfredo Broccoli Berries Garlic Breadstick Cheesecake Milk	17 Beef Stew Cabbage Fruit Biscuits Margarine Assorted Dessert Milk
20 BBQ Chicken Scalloped Potatoes Oven Roasted Broccoli Bread Margarine Ambrosia Salad Milk	21 Beans with Ham Spinach Fried Potatoes & Onions Cornbread Margarine Fruit Milk	22 Pot Roast Chunk Potatoes Carrots Dinner Roll Margarine Cake Milk	23 Sweet & Sour Chicken Oriental Vegetables Egg Roll Fried Rice Lemon Bar Milk	24 Closed
27 Spaghetti with Meatballs Italian Blend Salad Garlic Breadsticks Pudding Milk	28 Pulled Pork/Bun Hashbrown Casserole Country Blend Applesauce Milk	29 Taco Salad Corn Black Beans Bread Margarine Fruited Jello Milk	30 (Brunch) Sausage/Omelet Hashbrowns Baked Apples Biscuit/Gravy Margarine Cinnamon Roll Milk	31 Closed

Main Office 635-6163 | Maintenance 635-3232, after 4 p.m. & weekends 1-877-599-3627 pager #1318
 Herron 636-0194 | Kenneth Locke 636-4555 | Hyder 634-3058 | Clarke dining room 634-8020
 Hyder Beauty Salon 635-8223 | Handi Wheels 634-6477