

Jefferson City Housing Authority Senior Newsletter

October Newsletter 2020

COMMUNITY ROOM

Know that we are continually monitoring and reassessing our precautionary measures to ensure that we are making the most prudent and conscientious decisions.

The precautions have been effective in most buildings but positive COVID numbers are still rising in Cole County.

For the Community Rooms still open:

Only residents are permitted in the community rooms, no more than 10 at one time and **masks** are **REQUIRED**. Please continue to use all proper social distancing guidelines and safety precautions. Keeping resident's safe is a top priority.

Did you know that it is a Lease Violation to prop open an exterior door or tamper with a door's closing mechanism? This is a safety issue and it can let bugs and vermin into the building. Please report anyone you see breaking this rule to your property manager. This is a big deal!

We are requesting all visitors to wear masks.

We recommend everyone wear masks when outside their units. Masks are now **REQUIRED** in community rooms.



Senior Food Box Program sponsored by Catholic Charities.

This month's delivery schedule is:

Hyder October 16, from 10-12

Herron October 8, from 10-11:30

Ken Locke is October 6, from 10-11:30

LaSalette is October 6, from 12-1

Meet Catholic Charities at the main door of your building during their scheduled time. Wear a mask when you come to pick up your box. *If you are unable to pick up the day and time of delivery, you can have someone pick it up for you. You must make arrangements with Dorothy before delivery!*

If you would like to sign up please contact Dorothy at 573-634-1088.



River Region Library Schedule

Hyder October 20, 2-2:45 pm.

Ken Locke October 27, 2-2:45 pm.

Herron - Canceled this month due to positive COVID cases in the building

The library sets up items for check out in each of these community rooms. If you do not have a card, no problem, just bring proof of address and you will be able to check out items that day.

Please honor all social distancing measures when checking out books.

- Be very careful when you are out and about in the community. Cole County has many active COVID cases.
- When Home Health, or other visitors are in your home, please wear a mask, wash your hand often, and clean when they leave.
- **PLEASE report to your property manager if you have tested positive for COVID.** This will be kept confidential, but extra cleaning and disinfecting in the common areas or areas you have been within the building will be done to prevent others from getting sick. We have to work together to keep this virus out of our buildings.

Reminders

Continue to practice social distancing at all times. We need to work together to keep our community safe.

- Stand 6 feet away from the elevator doors or entryways to permit people to safely enter or exit and maintain social distancing practices.
- If you are in any common areas, halls, elevators, or smoking areas, continue to spread out
- If you are leaving your apartment, we recommend that you wear a mask or cover your mouth and nose, even if you are not sick.
- **If you test positive for COVID-19 please let your property manager know immediately.**
- **If you test positive you must stay in your unit to protect the health and safety of other residents.** Endangering others is a lease violation and you could lose your housing.
- In your unit you should be cleaning any surfaces you touch on a regular basis such as counters, remotes, doorknobs, phones, tablets, medical equipment, or anything that assists in your mobility.
- Experts tell us that smoking may increase the risk of a severe COVID-19 infection. If you smoke, please use extra caution to prevent getting sick.
- Keep yourself healthy and manage stress: Eat healthy foods and drink plenty of water. Get enough sleep and physical exercise. Avoid excessive amounts of caffeine and alcohol and limit the use of tobacco products if you smoke.

Activities will look a little different this month. With daily positive COVID cases in town, and a few cases in our own buildings, planning activities in advance is difficult.

Watch for Pop-Up activities.

They will only be held if deemed low risk. We will post flyers in elevators announcing possible activities for the following week. NOTE: the activity may have to be cancelled if the virus is present in our properties.

Clarke Senior Center is continuing to provide meals to go. We will let you know when the dining room plans to reopen.

Smoking is only allowed outside and, in the areas, marked “Designated Smoking Area”. All other areas are NO SMOKING.



The JCHA bus will not be running in October.



The Preventative Maintenance inspections will be done September 15 - December 11. Due to COVID we are scaling back the inspection and the time staff is in your apartment. Filters will be changed, smoke detectors and GFI outlets checked and a visual inspection of other items will be done. Tell us if you notice anything else that needs to be looked at while we are in the apartment. Please keep your distance while the worker is in your unit and wear a mask if you have one. Let our staff know if you are not feeling well when it's your turn for the inspection. Our staff will be wearing a mask, gloves and wiping everything they touch for your safety.

Missouri 24 Hour Hotline: 877-435-8411

The Missouri Department of Health and Senior Services (DHSS) activated a statewide public hotline for citizens or providers needing guidance regarding COVID-19. The hotline is being operated by medical professionals and is available 24 hours a day, 7 days a week.

Main Office 635-6163 | Maintenance 635-3232, after 4 p.m. & weekends 1-877-599-3627 pager #1318
Herron 636-0194 | Kenneth Locke 636-4555 | Hyder 634-3058 | Clarke dining room 634-8020
Hyder Beauty Salon 635-8223 | Handi Wheels 634-6477