

Jefferson City Housing Authority Senior Newsletter

July Newsletter 2020

COMMUNITY ROOM

Know that we are continually monitoring and reassessing our precautionary measures to ensure that we are making the most prudent and conscientious decisions.

We are pleased with how effective precautions have been. We will continue to move slowly in fully reopening community areas.

Only residents are permitted in the community rooms and no more than 10 at one time. Please continue to use all proper social distancing guidelines and safety precautions. Keeping resident's safe is a top priority.

Community rooms may be closed once again if there is an outbreak of the virus, if more than 10 people are in the room, or if social distancing is not observed,

**We are requesting
all visitors
wear masks.**



We know our newsletter looks very different than it has in the past. We are giving you a great source of information about events happening near you, but just a little different. We can't wait to get back to normal and provide wonderful outings and activities for you to enjoy.

River Region Library Schedule

Herron July 16, 2-3 pm.
Hyder July 21, 2-3 pm.
Ken Locke July 28, 2-3 pm.

The library sets up items for check out in each of these community rooms. If you do not have a card, no problem, just bring proof of address and you will be able to check out items that day.

Please honor all social distancing measures when checking out books.

Movie at Herron

July 14, at 2 pm "Second Hand Lions" will be shown in the Herron Community room, limit 10. If more people are wanting to see the movie, it will be shown later that afternoon at 4:30 pm. RSVP to Dorothy at 573-634-1088.



Senior Food Box Program is a program sponsored by Catholic Charities.

If you have already signed up for senior boxes, this month's delivery schedule is:

Hyder July 17, from 10-12 pm

Herron July 9, from 10-11:30

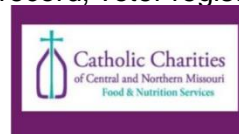
Ken Locke is July 7, from 10-11:30 am

LaSalette is July 7, from 12-1 pm

Please wait in your apartments for boxes to be delivered.

If you are 60 or older and live in the Hyder, Herron, LaSalette or Ken Locke, you likely qualify for a FREE monthly food box from Catholic Charities, delivered to your door! If you would like to sign up please contact Dorothy at 573-634-1088.

You will need to Bring: Proof of Age: (Driver's license, birth certificate, Missouri ID, a military record showing age) Proof of Residency: (Utility bills, lease agreement, a recent piece of mail, doctor or hospital record, voter registration card)



Reminders

Continue to practice social distancing at all times. We need to work together to keep our community safe.

- Stand 6 feet away from the elevator doors or entryways to permit people to safely enter or exit and maintain social distancing practices.
- If you are in any common areas, halls, elevators, or smoking areas, continue to spread out. We recommend that you wear a mask.
- If you are leaving your apartment we recommend that you wear a mask or cover your mouth and nose, even if you are not sick.
- Wash your hands often and try to not touch your face.
- Any surfaces you touch on a regular basis such as counters, remotes, doorknobs, medical equipment, or anything that assists in your mobility, phones, or tablets should be cleaned often.
- Experts tell us that smoking may increase the risk of a severe COVID-19 infection. If you smoke, please use extra caution to prevent getting sick.
- Keep yourself healthy and manage stress: Eat healthy foods and drink plenty of water. Get enough sleep and physical exercise. Avoid excessive amounts of caffeine and alcohol and limit the use of tobacco products if you smoke.

If you need assistance contact the Missouri Department of Health and Senior Services 24 hours COVID HOTLINE 1-877-435-8411, Disaster Distress Helpline: 1-800-985-5990, SUICIDE PREVENTION CRISIS LINE: 1-800-273-8255

Rent is still due and must be paid. If your income has changed contact your property manager to see if you qualify for a rent change. Until July 24, 2020, there will be no evictions if the only reason is unpaid rent. If your rent is not paid in full or you do not have a payment plan on July 24, 2020 eviction proceeding may be started. Other lease violations can still be processed at this time – so please follow the rules to keep your housing.

Concerns

All properties are smoke-free but there is still a smell of cigarette smoke in the halls. The smell is caused by lit cigarettes. Smoking inside the building is a lease violation that can lead to eviction.

Social distancing requires 6 feet between people. We have observed violations on the elevator, waiting for the bus, and in the designated smoking areas. Please respect others and stay 6 feet away.

Clarke Senior Center is continuing to provide meals to go. We will let you know when the dining room plans to reopen.

The JCHA bus will not be running in July, since honoring social distancing guidelines is difficult in a small space like our bus.



Fun bingo will be played in the community rooms at Herron, Ken Locke, and Hyder this month for tenants only. Sign up with Dorothy to reserve your spot. To honor social distancing guidelines, we will only be able to have 9 players per session. If there is lots of interest, we will have another session at 2 pm that same day.

July 8, at 12 pm in Herron

July 15, at 12 pm in Hyder

July 29, at 12 pm in Kenneth Locke

Call Dorothy if you would like to participate at 573-634-1088

Hyder Beauty shop is now open by appointment only. Call 573-635-8223 to set yours up today.



We will let you know when Bingo will reopen in the Clarke Senior Center.

Main Office 635-6163 | Maintenance 635-3232, after 4 p.m. & weekends 1-877-599-3627 pager #1318
Herron 636-0194 | Kenneth Locke 636-4555 | Hyder 634-3058 | Clarke dining room 634-8020
Hyder Beauty Salon 635-8223 | Handi Wheels 634-6477